



Avonbourne Boys' & Girls' Academies

The best in everyone™

Part of United Learning

Name:

Primary School:

Year 7 Form:

Year 6 Transition Character Passport 2021

AN INTRODUCTION TO OUR REACH VALUES



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Welcome to your transition passport

This passport has been created to introduce you to our ethos and values at the Avonbourne Academies and begin to prepare you for joining our school community.

Throughout this booklet you will learn:

- what character education is
- what our REACH values are and how you can develop these during lockdown so you are knowledgeable about the ethos at Avonbourne
- more about our community and the traits we expect you to display and develop at the Avonbourne Academies

This passport includes information and tasks for you to read and complete. When you join us, we would like you to bring your completed passport with you and this will form part of our discussions on your first days with us.

Each value has three tasks that need to be completed:

- 1) Leadership – for each value we have collated a list of activities that develop your leadership skills so that you can model these character qualities to others. When you have completed a task you will then write a short reflection in the table on page 9 of this booklet.
- 2) Enrichment – extra-curricular opportunities are something we encourage all students to be involved in. By actively participating in a challenge or enrichment task you are able to display your understanding of each value and develop your ability to express your knowledge and skills. When you have completed a task you will then write a short reflection in the table on page 10 of this booklet.
- 3) Reflection – there are a number of inspirational people that display these character traits throughout their lives in the way they act in society. We would like you to watch these videos and write a short reflection on how they have supported your understanding of each character value on page 11 of this booklet.

Character education and REACH values

“Intelligence plus character - that is the goal of true education.” Martin Luther King, Jr.

At Avonbourne Academies, character education is at the heart of what we do. Throughout your time with us we will nurture and promote your ethical, intellectual, social and emotional development. This is a continuous learning process that enables you to become moral, caring, critical and responsible individuals. At the end of your education with us we want you to have amazing qualifications and the right skills to enable you to be a great employee too.

Our REACH values are a way of communicating our ethos at school and how we want you to act when you're with us. These are:

RESPECT - for ourselves and others in all that we do

ENTHUSIASM - to seek opportunity, find what is good and pursue talents and interests

AMBITION - to achieve the best for ourselves and others

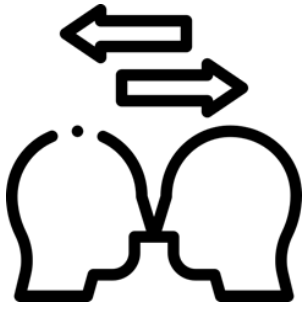
CONFIDENCE & CREATIVITY - to have the courage of our convictions and to take risks in the right cause alongside imagining possibilities and making them real

HARD WORK & DETERMINATION - to overcome obstacles and reach success

These values underpin everything we do at Avonbourne Academies and our curriculum, enrichment and leadership opportunities look to enable you to grow into excellent citizens and employees when you leave education.

The following 5 pages outline the three tasks you need to complete for each character value. Don't forget to write your reflections and get your parents/carers to sign off each task.

If you'd like to share your progress with us then please email the year 7 team at classof2028@avonbourneacademy.co.uk or tweet us at [avonbourne_2028](https://twitter.com/avonbourne_2028).



RESPECT

'A way of treating or thinking about something or someone. People respect others who are impressive for any reason, such as being in authority - like a teacher or a parent - or being older like a grandparent. You show respect by being polite and kind to each other.'

Complete at least one task each box in each box to develop your understanding of RESPECT.

LEADERSHIP TASKS

- Household Key Worker - Cleaning - Vacuuming, dusting, cleaning surfaces, etc.
- Gardener - Mowing the lawn, weeding, sweeping, watering plants, etc.
- Household Key Worker – Washing - Sort, wash and dry your household's laundry.
- Family Support - Call a relative or family friend and check in on them.



ENRICHMENT TASKS

- Write happiness cards that promote wellbeing, friendship, tolerance and empathy; post them through a neighbour's door, give to a shop worker if you are out shopping, to a delivery person or make them poster sized and stick them in your front window for passers-by to see.
- Make a playlist of your favourite songs and share it with your friends.
- Complete three random acts of kindness towards your family, friends or neighbours to show your appreciation and respect towards them and all they do to support you.



REFLECTION TASKS

- **Dick and Rick Hoyt – An ironman story**

This video displays the respect and admiration of a father and son and how they use this to fulfill a collective dream, no matter what obstacles are in their way.

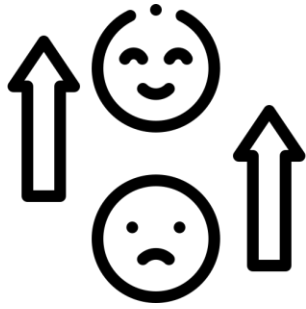
<https://www.youtube.com/watch?v=dDnrLv6z-mM>

- **The Bridge**

This animated video explores how you should work together and make compromises.

<https://www.youtube.com/watch?v=YNOOnFsnjYhY>





ENTHUSIASM

'The ability to show a keen interest in a subject or an activity, as well as a readiness to get involved. This can be displayed through your contributions in lessons as well as the enrichment and leadership opportunities we offer.'

Complete at least one task from each box below to develop your understanding of ENTHUSIASM.

LEADERSHIP TASKS

- Youth Worker - Provide childcare for a younger sibling or help them with schoolwork.
- Events Manager - Organise and lead an activity for your household.
- Self-motivator - Get up and complete your home learning without your parent/carer reminding you to.
- Task Leader - Lead a house activity that you really enjoy e.g. cooking a meal, a family walk or caring for your pet



ENRICHMENT TASKS

- Help your local community - on one of your permitted walks, put on some gloves, take a plastic bag and pick up any litter you see (maybe have a competition amongst your friends to see who can pick up the most).
- Try to notice one thing that makes you feel excited and one thing that makes feel calm and relaxed. Write down why you think this is.
- Bake a cake, learn a song, paint a picture, play a video game. Do something that you are enthusiastic about.



REFLECTION TASKS

- **Captain Tom – the story of his success**
This video explains Captain Tom's enthusiasm for ensuring that our NHS got the financial support it needed in the current crisis <https://www.youtube.com/watch?v=ByC5-UenARs>
- **Enthusiasm for what you believe in**
Ash Beckham discusses how different situations present challenges to displaying how to be enthusiastic about your beliefs. https://www.ted.com/talks/ash_beacham_when_to_take_a_stand_and_when_to_let_it_go





AMBITION

'A strong desire and motivation to achieve something. This could be a short-term ambition, such as getting a higher mark in a test, or a long-term ambition, such as getting into university and getting your dream job.'

Complete at least one task from each box below to develop your understanding of AMBITION.

LEADERSHIP TASKS

- Skills Teacher - Learn a new skill and teach it to somebody in your home or create an instructional guide.
- Explorer – When on your daily walks take charge and lead your family on a walk around where you live. Whilst walking talk about your parents' career choices and why they chose to do their job.
- Goal setter – Encourage your family to set themselves a goal for this week. Write them down and aim to complete it within the allotted time.



ENRICHMENT TASKS

- Learn a few sentences, how to say 1-10 and describe the weather in a new language.
- Challenge yourself to try something new. This could be a new sport or activity, new attitude to learning, a goal for completing your school work, or a new task around the home.
- Develop your mastery skills. To become an expert you need to expand your knowledge. This could be something you're interested in creatively or a topic you find interesting academically. Whatever you are passionate about, make an effort to learn more about it.



REFLECTION TASKS

- **Fierce Women: Greta Thunberg**
Greta Thunberg has an ambition to stop climate change. This video explores how she is trying to accomplish her dream at just 16 years old.
<https://www.bbc.co.uk/iplayer/episode/p084lz39/fierce-women-2-greta-thunberg>
- **Diana Nyad - how to prepare mentally to achieve an extreme dream**
Diana set long-distance swim records that are still unbroken and at 60 years old attempted her longest swim yet and reach an ultimate ambition.
https://www.ted.com/talks/diana_nyad_extreme_swimming_with_the_world_s_most_dangerous_jellyfish#t-918954





CREATIVITY & CONFIDENCE

'Creativity is turning new ideas into reality and perceiving the world in a different way. Confidence is a feeling of trust or believe in someone. When you have that feeling about yourself that is called self-confidence.'

Complete at least one task from each box below to develop your understanding of CREATIVITY & CONFIDENCE.

LEADERSHIP TASKS

- Quiz Master - Create a quiz which you then lead for your household, or host for friends online.
- Games Master - Organise a night of games for your household.
- DIY expert – Help around the house with any DIY that needs doing.
- Creativity catalyst – Encourage your family to do something creative for at least 1 hour; colouring, baking, music-making, building etc.



ENRICHMENT TASKS

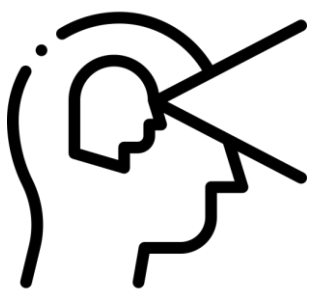
- Create a 1 minute presentation about how lockdown has made you appreciate things more. Present this to at least one member of your family.
- Complete a creative challenge; make a sculpture from tin foil, learn to play/sing your favourite song, recreate a scene from your favourite movie or book. Why not film it too? Complete a task that develops your creativity.
- Have you heard of Probably Tom Foolery and his simple and effective poems? He's inviting children to submit videos of themselves reading his latest poem: <https://submit.probablytomfoolery.com/>



REFLECTION TASKS

- **Creative thinking and getting out of the box**
To enable us to have new and innovative ideas we need to learn how to think critically and creatively. This video explores how we can do this.
<https://www.youtube.com/watch?v=bEusrD8g-dM>
- **Susan Boyle: 'Britain's Got Talent' audition**
When Susan Boyle stepped out on stage people didn't know what to think. Her self-confidence and belief in herself led her to future stardom.
<https://www.youtube.com/watch?v=RxPZh4AnWyk>





HARD WORK & DETERMINATION

'A quality that makes you continue trying to do achieve something that is difficult. After you've decided what you wanted to achieve this character value enables you to reach your full potential.'

Complete at least one task from each box below to develop your understanding of HARD WORK & DETERMINATION.

LEADERSHIP TASKS

- Personal Trainer - Organise a workout schedule for the week, either for yourselves, or your household
- Self-improvement – Think about a task that you have found difficult to complete during lockdown either in your home learning or within your chores at home. Be resilient and try to complete it by taking responsibility for your improvement.
- Task Motivator – Find someone in your family that is finding a task particularly difficult. Support them in completing their task by motivating them to work hard and be determined.



ENRICHMENT TASKS

- Find the Avonbourne Academies PE Department on Twitter and complete one of their 'Stay at Home Sporting Challenges' <https://twitter.com/AvonbourneD>
- When you're back at school or completing your home learning, be determined to complete a task that you find challenging to the best of your ability. Be resilient and keep going.
- Commit to doing something challenging every day for a week. It could be to make your bed, get up by a certain time or read before you go to bed. Be determined to do something positive to keep a routine.



REFLECTION TASKS

- **No arms, no legs, no worries!**
Nicholas James Vujcic was born with Tetra-amelia syndrome. Through his determination he doesn't prevent him from living a full and varied life.
<https://www.youtube.com/watch?v=8jhcXOhIMAQ>
- **Ben Saunders – To the South Pole and Back: The hardest 105 days of my life**
Ben set out to complete an 1800-mile journey from the edge of Antarctica to the South Pole and back. https://www.ted.com/talks/ben_saunders_to_the_south_pole_and_back_the_hardest_105_days_of_my_life#t-1008334





LEADERSHIP AT HOME DIARY

Use the table below to keep a diary of each leadership opportunity you took whilst at home. You can do each leadership opportunity more than once and you are welcome to create your own that reflect your understanding of our REACH values. An example has been done for you.

Date	Which Leadership Opportunity was taken?	Which character values did you develop during this leadership role and how? Respect, Enthusiasm, Ambition, Creativity & Confidence or Hard work & Determination	Parent signature
20/05/20	<i>Household Key Worker - Cleaner</i>	<i>Respect – I am able to understand how important it is to keep our home environment clean and tidy and look after our possessions. Hard work – Cleaning takes a lot of motivation because it can be quite a time consuming and boring task.</i>	<i>MUM</i>



CHARACTER VIDEO REFLECTIONS

Use the questions below to reflect upon the videos you watch for each REACH value. You should watch at least one video for each value.

Name of video/talk:	
What did you find most interesting about this video?	
Which character value does this talk relate to, and how?	
Summarise what you believe the key message of this video was	
How has watching this helped to develop your character?	

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How has watching this helped to develop your character?	

Congratulations on completing your Transition Character Passport.

We hope you feel this has developed your understanding of our unique ethos and values at Avonbourne Academies.

Don't forget to share your progress with us by emailing classof2028@avonbourneacademy.org.uk or by encouraging your parents to upload your progress on Twitter and tagging **@avonbourne_2028**

Make sure you bring your completed passport with you when you join us.