

Year 11 & Year 10 Vocational Examinations

7-14 January 2021

**Information & Support for
Students & Parents**



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Revision Sessions

Contact: feona.copley@avonbourneacademy.org.uk

In the lead up to the real examinations, revision sessions will be taking place before and after school. Students are expected to attend as many of these sessions as possible.

Morning and after school sessions during the Exams:

	P0 8:00 – 8:25	P6 3:30 – 4:30
Wednesday 6th January		Year 11 Music – ABA room 6:4
Thursday 7 th January	Health and Social Care EHV room 6:4 Year 11 Music ABA - room 6:3	Year 10 Travel and Tourism - NAS – room 6:1
Friday 8 th January	Year 11 Travel and Tourism - NAS – room 6:3	
Monday 11 th January	Year 10 CNAT Sports Science - YKA – room E10	
Wednesday 13 th January	Year 11 CNAT Information Technologies - KLI – room E1	
Thursday 14 th January	Year 11 Hospitality and Catering CMT – room E1	



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Exam Helpdesk

Contact: feona.copley@avonbourneacademy.org.uk

If you have any last minute queries about an exam, the Subject Lead will be monitoring their emails for your questions from 4-6pm the evening before your exam:

Year 11 Exam Helpdesk 4-6pm	Subject	Email Address
Wednesday 6 th January	Health and Social Care	emma.harkison@avonbourneacademy.org.uk
	Year 11 Music	amy.burrows@avonbourneacademy.org.uk
Thursday 7 th January	Year 10 and Year 11 Travel and Tourism	nick.atkinsoncoates@avonbourneacademy.org.uk
Friday 8 th January	Year 10 CNAT Sports Science	yolanda.kennedy@avonbourneacademy.org.uk
Tuesday 12 th January	Year 11 CNAT Information Technologies	kathryn.loughnan@avonbourneacademy.org.uk
Wednesday 13 th January	Year 11 Hospitality and Catering	christina.moore@avonbourneacademy.org.uk



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Revision Guidance

The Basics

- Limit distractions.
- Create and use a revision plan.
- Find a nice quiet space to revise in.
- Set an alarm and start early!
- Revise. Repeat. Remember.
- Make sure you eat, sleep and take time out.
- Stay positive.

How can I revise effectively?

Three common revision techniques that are least effective in helping you revise are:

- ✓ Highlighting texts
- ✓ Re-reading
- ✓ Summarising text

These methods may make you *feel like* you are revising, but there are better ways to help you revise...

Flashcards

Create these with questions on one side and the answers on the other. You can colour code them for different topics and quiz yourself or others. You can also create flashcards on-line or on your phone using Quizlet.



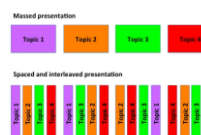
Retrieval Practice

Testing yourself for what you know is a really powerful tool in revision. The effort to remember something really strengthens your memory. Use your Knowledge Organisers to Self Quiz and apps such as Memrise and Quizlet to create your own quizzes based on topics.

Types: Multiple choice; True or false; odd one out; explanation questions.

Interleaving & Spacing

Avoid trying to revise all your topics in one go (cramming). Instead, revise chunks of a topic for small amounts of time (15 mins) and then move onto another chunk. This will improve your memory.



Dual Coding



This is putting your knowledge into visual form alongside words. It increases your chances of remembering it.

Deliberate Practice

Set aside time to practice improving your knowledge. Choose what you need to do. It should be difficult enough to challenge you, and practice, practice, practice! Try to focus on something you are almost able to do but just not yet!



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Exam Boards

SUBJECT	Exam Board	Specification
BTEC Level 1 / Level 2 First Award in Music	Edexcel	ZWG90
BTEC Level 1 / Level 2 First Award in Health & Social Care	EDEXCEL	CGBM8
Hospitality & Catering	WJEC Vocational Award in Hospitality & Catering	5569QA
Information Technologies -CNAT	OCR/CNAT	J808
BTEC Level 1 / Level 2 First Award in Travel & Tourism	Edexcel	CZGB6
Sports Science - CNAT	OCR	J812



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The examination:

BTEC Health and Social Care: Unit 1: Human Lifespan Development – 1 hour

Topics to be covered in the examination:

- Life stages
- P.I.E.S
- Puberty
- Physical changes in the life stages
- Menopause
- Genetic inheritance
- Illness and disease
- Lifestyle choices
- Gross motor skills
- Fine motor skills
- Influences of play
- Support – formal and informal
- Expected life events
- Unexpected life events

Resources to help students revise and prepare:

- Revision guide supplied in lesson
- Quizlet class – useful for key word definitions <https://quizlet.com/join/GdqbyhS6S>
- Past papers – available on TEAMS
- Booklets from last year



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The examination:

<u>Paper</u>	<u>Topics</u>	<u>Length</u>	<u>%</u>	<u>Date</u>
UNIT 1	The Hospitality & Catering Industry	1h 30 minutes	40%	14 th January 2021

The Content

- Structure of the hospitality & Catering Industry
- Hierarchy of job roles in hospitality
- Kitchen Brigade and workflow in the kitchen
- Job roles in hospitality
- Dress codes
- Job requirements – responsibilities
- Factors Effecting the success of a business – why a business may succeed or fail
- Selecting accommodation for a specific need
- Use of technology in accommodation choice
- Personal Safety at work and legislation
- Food storage – safety, food poisoning
- Role of the Environmental Health Officer (EHO)
- Food Safety legislation for Hospitality & Catering: HACCP, Labelling Regulations, food Safety Act
- Food allergies & Intolerances
- Food Related illnesses – including food poisoning
- Proposing a suitable Hospitality & Catering provision for a specific need: selecting and justifying

Resources to help students revise and prepare: -

- BBC bitesize & Seneca
- Use your revision guide with the direction from the support Power Point in TEAMS for revision on LO1-5



The examination:

<u>Paper</u>	<u>Topics</u>	<u>Length</u>	<u>%</u>	<u>Date</u>
1	Cambridge National Level 1 / 2 Information Technologies	1h45	50%	13 th January 2021

Topics to be covered in the examination:

Paper 1	LO 1: Understand the tools and techniques that can be used to initiate and plan solutions. LO3: Understand how data and information can be collected, stored and used. LO4: Understand the factors to be considered when collecting and processing data and storing data/information. LO6: Understand the different methods of processing data and presenting information.
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Resources to help students revise and prepare:

- <https://www.ocr.org.uk/qualifications/cambridge-nationals/information-technologies-level-1-2-j808/assessment/> - past papers and resources
- Use your revision guide with your Leitner cards to check topics. Complete the Test Yourself sections to ensure you have deeper understanding and you are able to apply theory to given scenarios, demonstrating analysis and evaluation.



The examination:

<u>Paper</u>	<u>Topics</u>	<u>Length</u>	<u>%</u>	<u>Date</u>
Unit 1	The Music Industry	1hr	25%	Thursday 7 th Jan 2021

Topics to be covered in the examination:

Section A	Multiple choice and describe questions in relation to jobs, venues, health and safety, security, production, promotion, service companies, agencies and unions within the music industry
Section B + C	In depth questions surrounding scenarios (one for section B and one for section C) that requires you to evaluate the relationships between the different areas of the music industry discussed in section A and relate them to a specific scenario.

Resources to help students revise and prepare:

- Unit 1 Knowledge Organiser
- Youtube VirtualTextbook:
<https://www.youtube.com/playlist?list=PLNeHS3oeH2407BRHJRpaWBaEfCdeHzxcg>
- Class notes and booklets
- Homework Practice exam questions
- November mock feedback tasks



The examination:

OCR CNAT Sports Science Unit 1: Reducing the risk of sports injuries - 1 hour

Topics to be covered in the examination:

- extrinsic factors which can influence the risk of injury
- intrinsic factors which can influence the risk of injury
- the physical benefits of a warm up
- the psychological benefits of a warm up
- key components of a warm up
- physical benefits of a cool down
- key components of a cool down
- specific needs which a warm up and cool down must consider
- acute and chronic injuries
- types, causes and treatment of common sports injuries,
- how to respond to injuries and medical conditions in a sporting context,
- Emergency Action Plans (EAP) in a sporting context
- the symptoms of common medical conditions
- how to respond to these common medical conditions,

Resources to help students revise and prepare:

- Past papers – available on TEAMS
- Booklets from this year
- The Everlearner



The examination:

BTEC Travel & Tourism – 75minutes

Topics to be covered in the examination:

Learning Aim A: understand the UK travel and tourism sector and its importance to the UK

Economy

- Types of tourism
- Types of travel
- Principles of sustainable tourism
- The importance of the travel and tourism sector to the UK economy

Learning Aim B: know about the industries, and key organisations, within the travel and tourism sector, their roles and interrelationships

- Industries in the travel and tourism sector
- Key organisations in the travel and tourism sector
- Types of organisation in the travel and tourism sector
- Inter relationships between travel and tourism organisations

Learning Aim C: understand the role of consumer technology in the travel and tourism sector.

- The role of consumer technology

Resources to help students revise and prepare:

- Revision workbook
- Revision guide



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