

Revision Skills Session 1: Introduction

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Do Now

On a MWB, answer the following questions then discuss with your tutor.

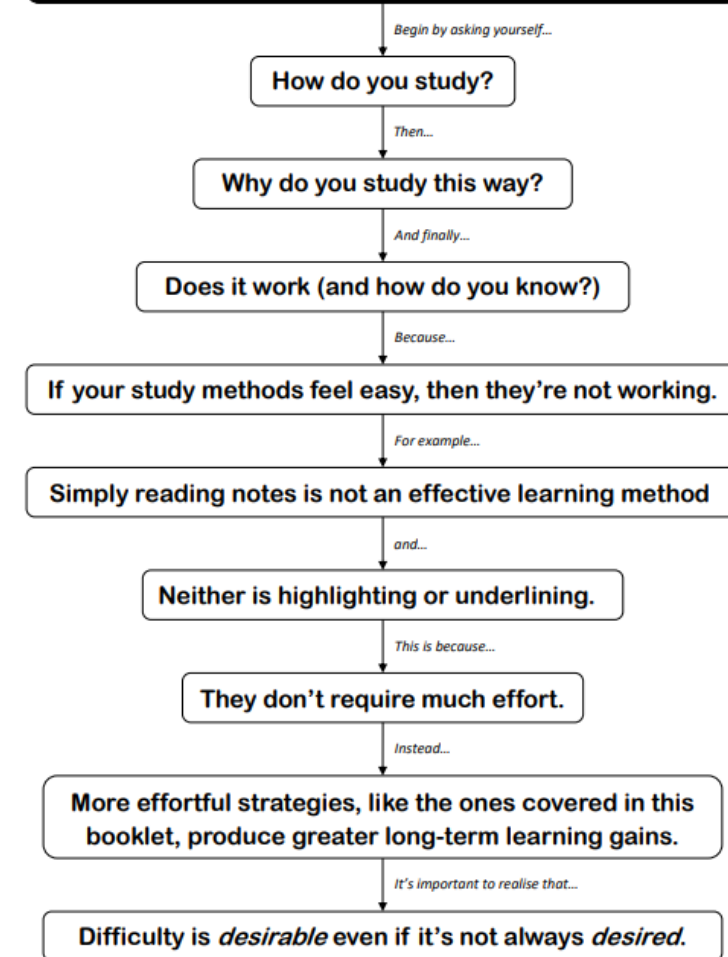
1. What is revision?
2. How do you usually revise?
3. How do you know if your revision has been successful?
4. What do you find difficult when revising?



Purposes of the Session

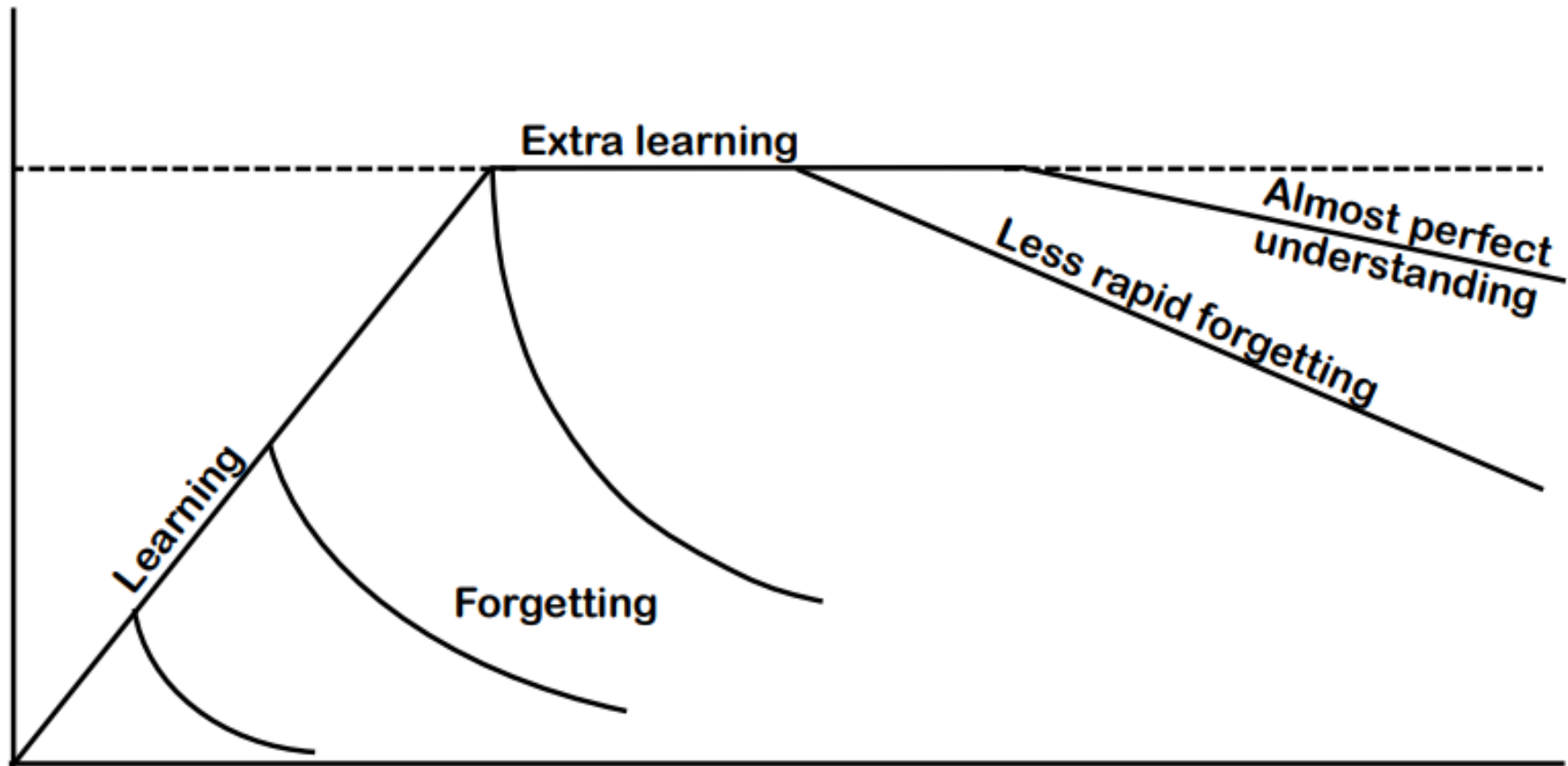
- We all like to feel smart, but if you're finding revision easy then your study methods are not working effectively.
- Reading and highlighting feels good – but it doesn't require much effort, so it isn't the most effective way to study.
- More effortful strategies will feel more difficult – but difficulty is desirable.

Study Smarter, Not Harder

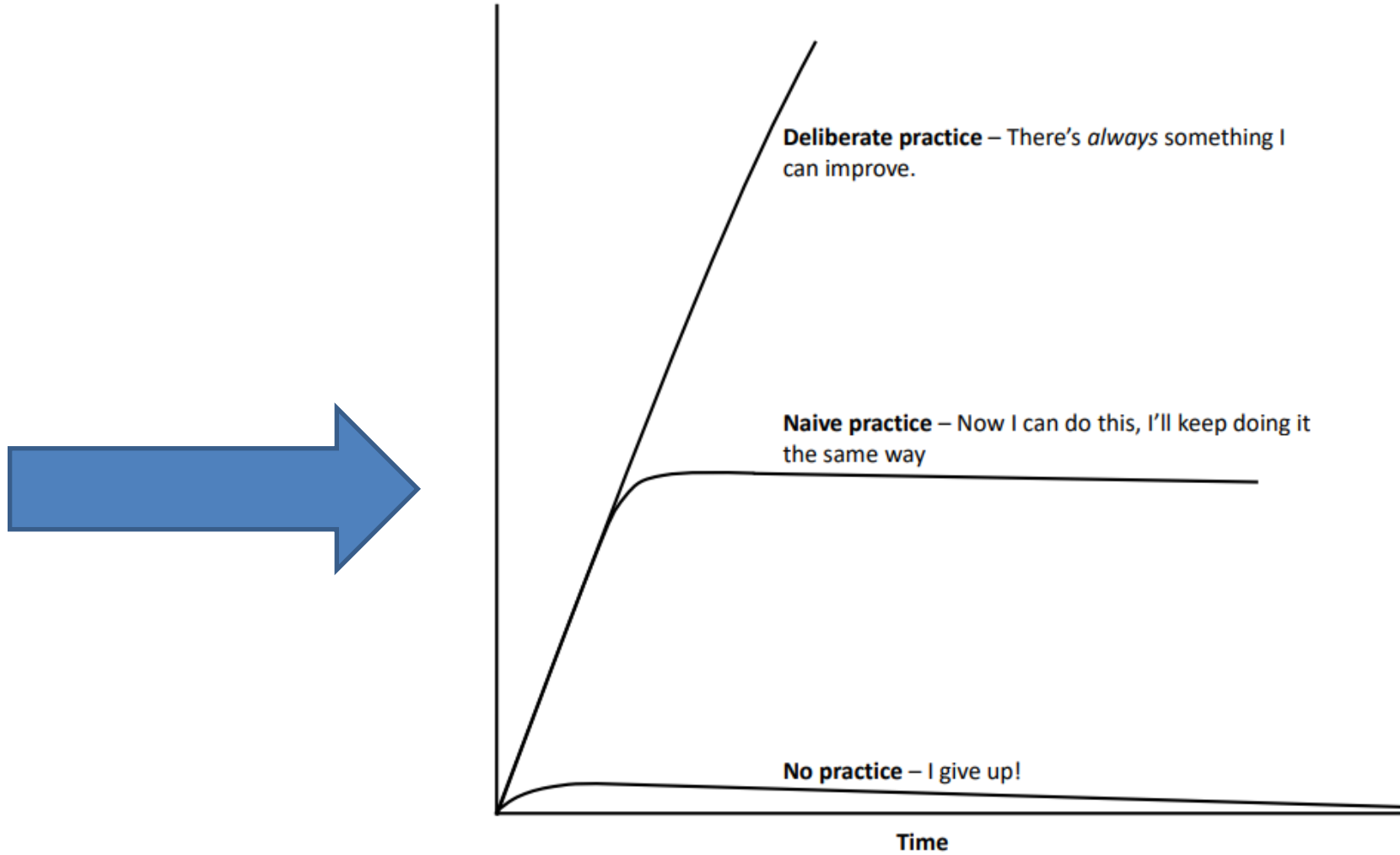


Successful Learning Takes Place Over Time

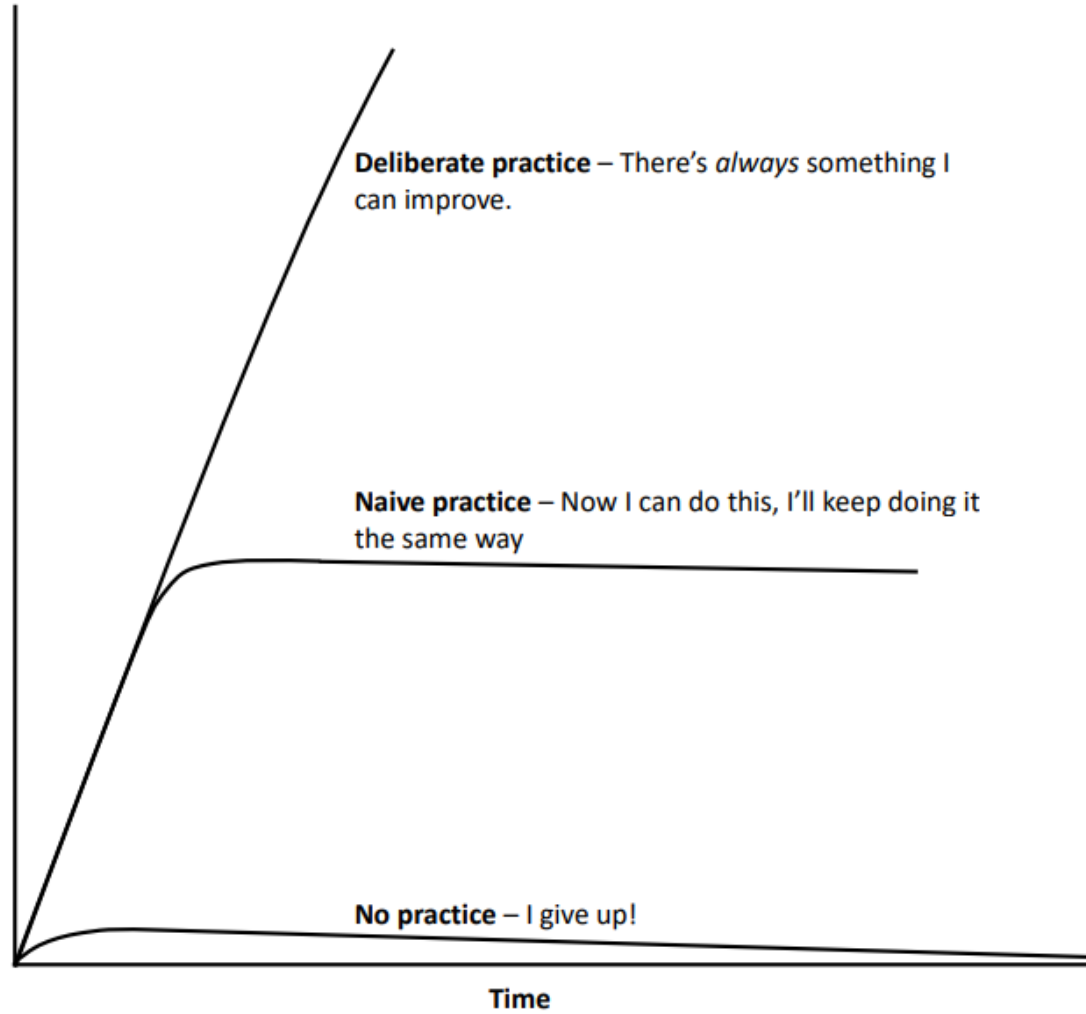
Knowledge and understanding over time



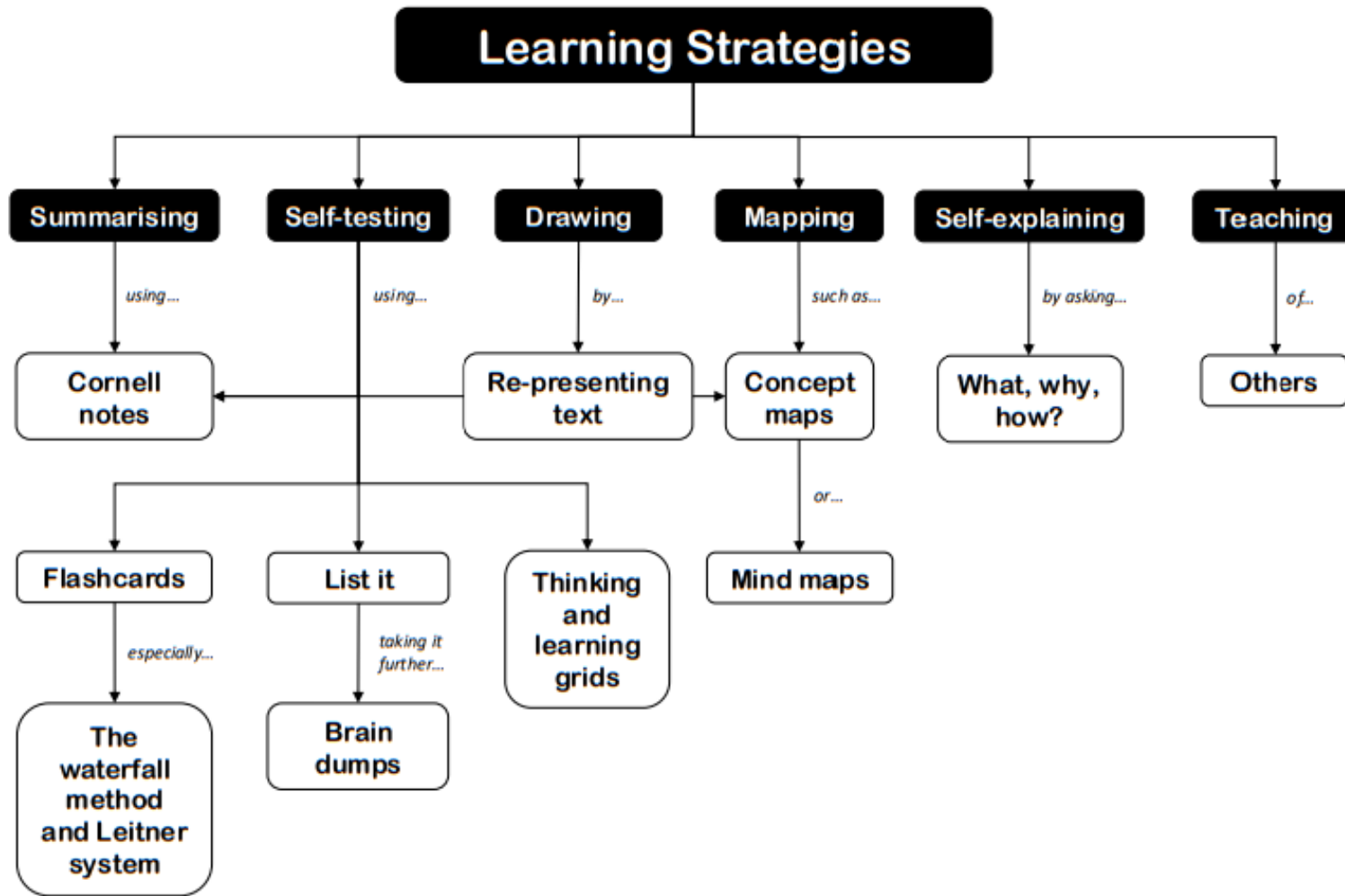
Not all Practice is Equal!



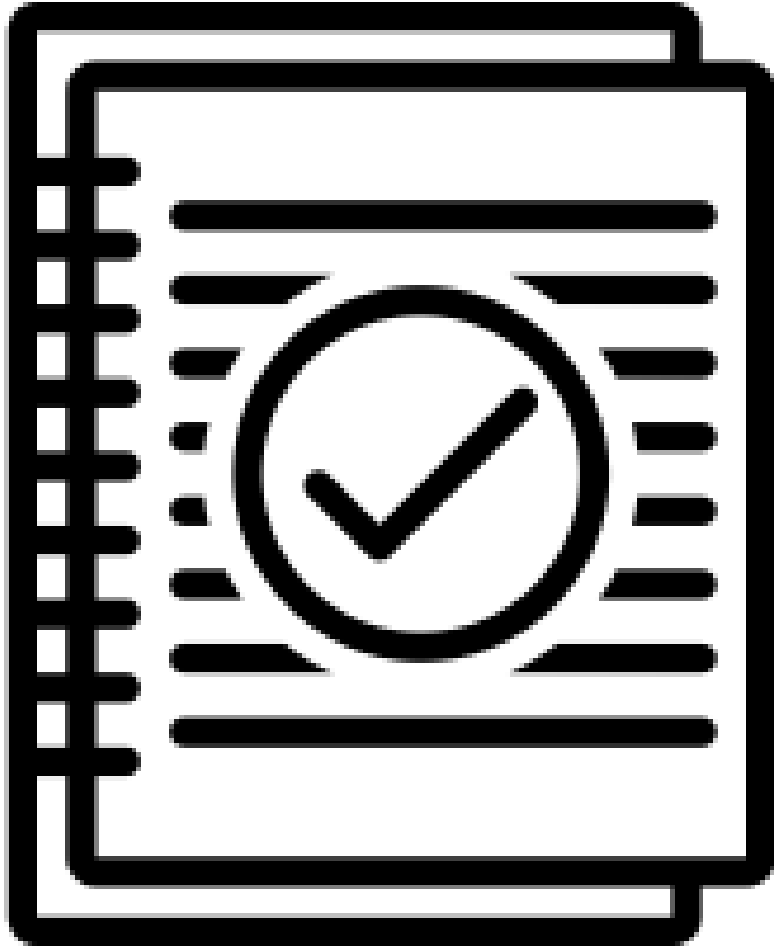
Not all Practice is Equal!



Learning Strategies



Summarising



Self-Testing



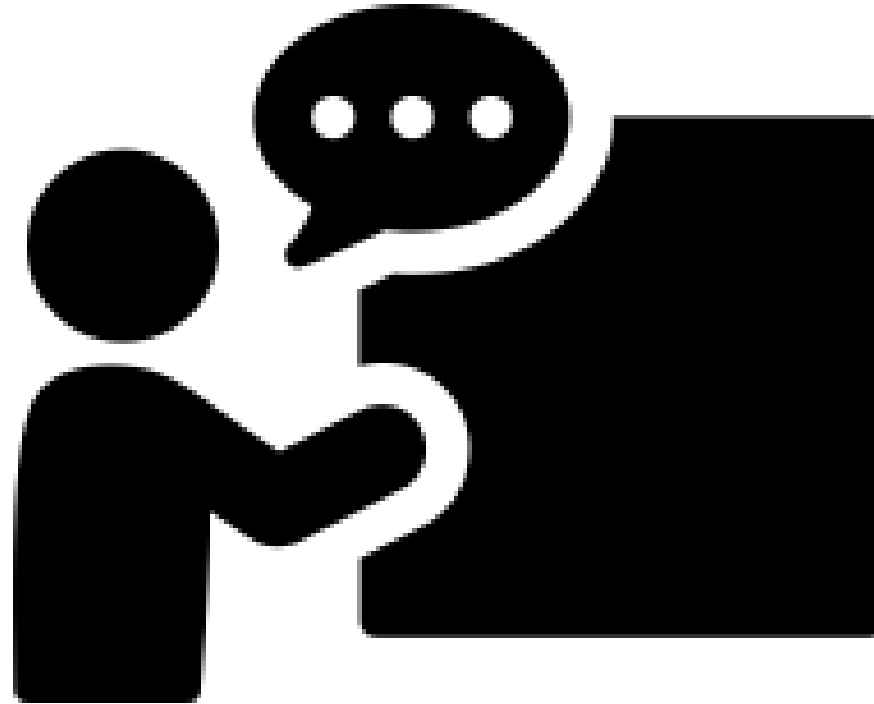
Drawing



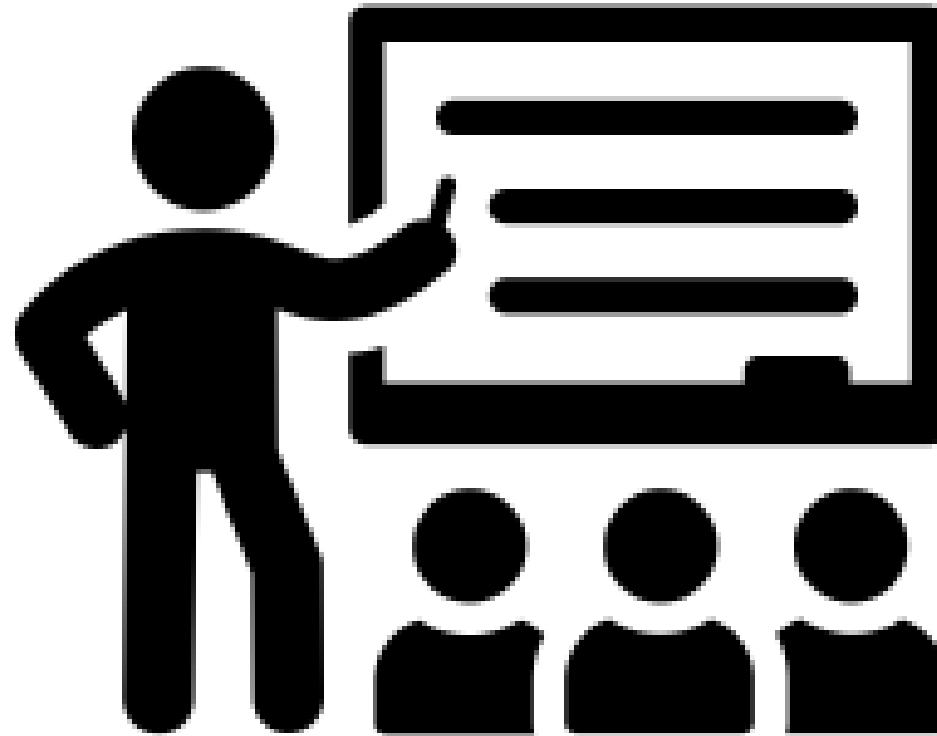
Mapping



Self-Explaining



Teaching



Summary

1. Complete the sentence. “If revision feels easy, _____”

- a) I’m doing really well.
- b) It’s not working effectively.
- c) I can do less revision.

2. When revising, difficulty is...?

- a) Desirable
- b) Undesirable

3. Which is the optimum form of practice and why?

- a) Deliberate Practice
- b) Naïve Practice



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2. When revising, difficulty is...?

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- b) Undesirable

3. Which is the optimum form of practice and why?

- a) **Deliberate Practice** → There’s always something I can improve on.
- b) Naïve Practice



End of Session 1: Introduction

- Revision shouldn't feel easy, it should feel challenging.
- Deliberate practice is better than naïve practice, even if naïve practice makes us feel smarter.
- As soon as we learning something new, we start to forget, which is why revisiting material is so important to long-term learning.
- There are different learning strategies that we should use to vary our revision.
- We'll start next week with Summarising Strategies.



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